

PCMC Institute of Nursing Sciences, Yashwantrao Chavan Memorial Hospital

Sant Tukaramnagar, Pimpri, Pune 411018.

Phone: 020-67332222/67332200

Event - World Heart Day

Date - 29/09/2025

Venue - OPD Complex, PCMC, YCM Hospital, pimpri-18

PCMC INS YCMH observed World Heart Day on 29th September 2025 to raise public awareness about heart health. The day is celebrated annually in line with the World Health Organization's objective of highlighting heart-related health issues affecting people worldwide, with the first observance held on 24th September 2000. The main aim of World Heart Day is to remind individuals to take proper care of their heart, and the 2025 theme was "Don't Miss a Beat." The program was conducted at the OPD complex under the guidance of Dr. Mrs. Kavita Kelkar, Principal, Institute of Nursing Sciences, YCMH, and was organized by first-year B.Sc. Nursing students with support and guidance from Mrs. Shraddha Mam and other faculty members.



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Event- World Mental Health Day

Date- 10/10/2025

Venue - PCMC, YCM Hospital, pimpri-18

PCMC INS YCMH observed World Mental Health Day on 10th October 2025 to promote awareness about mental health and well-being. The event, themed "Access to Service – Mental Health in Catastrophes & Emergencies," was held at the Psychiatric OPD complex and organized by first-year B.Sc. Nursing students under the guidance of Dr. Mrs. Kavita Kelkar, with support from faculty members.



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Event- World Diabetes day

Date - 14/11/2025

Venue- PCMC,Institute of Nursing Sciences , YCMH, Pimpri-18

PCMC Institute of Nursing Sciences, Yashwantrao Chavan Memorial Hospital observed World Diabetes Day on 14th November 2025. The program was conducted at YCMH College Building, 3rd floor classroom with the theme "Diabetes Across Life Stages." The event aimed to create awareness about diabetes, its prevention, early detection, and proper management. The program began with a welcome speech by Aryan Udage, 1st year B.Sc. Nursing student. Dr. Rajas Ma'am delivered an informative lecture on diabetes and its impact on children, adults, and the elderly. She explained the types of diabetes, causes, symptoms, and importance of lifestyle modification. Information regarding oral antidiabetic drugs, insulin therapy, and correct insulin syringe usage was shared. She also explained signs of hypoglycemia and hyperglycemia and their management. Dietary advice, regular exercise, and stress management were emphasized for diabetes control. The session was interactive, and students actively participated by asking questions. The program was organized under the guidance of Dr. Kavita Kelkar, Principal, PCMC INS YCMH. The event concluded with a vote of thanks by Sneha Mavachi, 1st year B.Sc. Nursing student.



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Event- World AIDS Day

Date - 02/12/2025

Venue- PCMC,Institute of Nursing Sciences , YCMH, Pimpri-18

PCMC Institute of Nursing Sciences, Yashwantrao Chavan Memorial Hospital organized an awareness session on World AIDS Day on 2nd December 2025 in collaboration with the ICTC Department, NACO, YCMH. The program was conducted under the guidance of Dr. Kavita Kelkar, Vice Principal, and Mrs. Yashaswita Bankhele, Tutor, PCMC INS YCMH. The session began with the welcome of the guests by Dr. Kavita Kelkar. Mr. Sandeep Kuyte, Laboratory Technician, ICTC Department, was the first speaker. He explained the meaning, causes, modes of transmission, signs and symptoms, preventive measures, diagnostic tests, and treatment of HIV/AIDS. He also cleared common myths and facts related to HIV/AIDS. Mrs. Rajshree Narle, Counselor, ICTC Department, spoke about the theme of World AIDS Day and highlighted the role of youth in promoting safe practices. She emphasized empathy, confidentiality, counseling, and the role of NACO in prevention and treatment. The session was informative, interactive, and helped students gain better understanding and awareness about HIV/AIDS.

